

MY KIDZ DENTIST

Post-Operative Instructions

Your child's mouth will be numb for 2-3 hours. During this time be sure he/she does not chew on his/her cheek, lip, or tongue.

Soft foods are recommended, be sure they are not too hot.

Keep the mouth clean by brushing or wiping with gauze pads and rinsing with warm salt water.

You may give your child pain reliever such as Children's Tylenol or Motrin.

If your child has a space maintainer or crowns, never give sticky foods or candy.

Extractions

Do not rinse or spit for the rest of the day.

Do not use a straw for 24 hours. This would draw out the blood clot and cause bleeding.

If bleeding continues, have your child bite on a folded gauze on the extraction site for ten to fifteen minutes.

For pain or discomfort you have give pain reliever such as Children's Tylenol or Motrin

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